

# Navigating the Waves of Midwifery:

## Charting a Course for Healthy Beginnings



### **Webinar**

View online: March 10th, 2024 –  
June 30th, 2024



# Program

**Dianne Cassidy** – Breastfeeding through trauma: navigating challenges and finding healing

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**Vicki Chan and Moffat Osoro** – Lessons from the FreMo Birth Centre

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**Hannah Dahlen** – Birth in the time of COVID-19 (BITTOC): What have we learned and what can we improve?

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**Paula Dillon** – My baby died, what do I do about my breastmilk?

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**Fiona Faulks** – Perinatal outcomes of socially disadvantaged women in Australia: A population-based retrospective cohort study

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**Claire Feeley** – Water for labour and birth: What is the latest evidence?

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**Rixa Freeze** – Vaginal breech birth: Why it's important and how it works

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**Henci Goer** – Elective induction of labour: Where have we ARRIVED?

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**Madeline Hawke** – Caring for women and birthing people with high BMI

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**Milli Hill** – Why we need to talk about #metoointhebirthroom

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**Charlotte Lewis** – Face Time: Clinical findings of the newborn head and neck.

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**Diane Morris** – Why are women, especially black and brown women, disadvantaged when they present in hospitals in early labour

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**Kirsten Small** – An evidence-based approach to intermittent auscultation

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**Namira Williams** – Facilitating the journey to motherhood through disability-inclusive care

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# Speakers

## **Dianne Cassidy** MA, IBCLC-RLC, ALC

Dianne is an IBCLC, podcaster, author and lactation education manager. In 2010, Dianne completed her Advanced Lactation Certification and BS In Maternal Child Health/Lactation. In 2013, she completed her MA in Health and Wellness/Lactation. Dianne teaches using her real-life experiences and case studies, which sets her apart in the lactation field providing a personalised and realistic experience for her audiences.

## **Vicki Chan** RM, GradCertPrimaryMaternityCare

Vicki Chan is a mother and grandmother and has been a midwife for 40 years. She still practices as a midwife and is also now clinical facilitator and tutor for student midwives. Women have been her greatest teachers and they have taught her well. She has spoken about birth and its possibilities as an invited presenter on 5 continents and in 2011, was a co-founder of, and continues to support, the FreMo Birth Centre in Kenya.

## **Hannah Dahlen** RN, RM, BN(Hons), M (CommN), PhD, AM

Hannah Dahlen is the professor of Midwifery, discipline leader of Midwifery and associate dean (Research and Higher Degree Research) in the School of Nursing and Midwifery, Western Sydney University. She has been a midwife for more than 33 years. Hannah has over 250 papers and book chapters and has strong national and international research partnerships. In 2019 Hannah was awarded a Member (AM) of the Order of Australia.

## **Paula Dillon** RN, RM, BN, PostGradDip Mid, MMid, Cert IV Bereavement Support (ACGB)

Paula has more than 20 years' experience as a midwife and nurse, having worked in tertiary and regional hospitals across both public and private maternity care models. Gaining qualifications as an endorsed midwife 3 years ago, allows Paula to work across a wider midwifery scope in an obstetric collaborative care model. Supporting families and couples through pregnancy after loss is an area that Paula finds greatly rewarding, and her passion for this area stems from personal experience.

## **Fiona Faulks** MMSc, DipHlthSc (Nursing), DipHlthSc (Midwifery), GradCertCAFHN, GradCertHlthServMgt, Certified Health Informatician Australasia

Fiona has been a midwife for almost 30 years and is currently working on her PhD exploring the perinatal outcomes of women who are socially disadvantaged and experiencing common mental disorders. In addition, Fiona is exploring what barriers and enablers exist for rural women in accessing perinatal care in their own communities. Fiona expects to complete her PhD early in 2024.

### **Claire Feeley** PhD, MSc, BSc(Hons), RM

Dr Claire Feeley has worked clinically in all areas of midwifery – specialising in physiological birth across the risk spectrum, water immersion, advocacy and change implementation. Claire has published peer-reviewed articles, monographs, professional articles and book chapters, in addition to presenting nationally and internationally. She is now a lecturer and researcher at King's College London and a freelance consultant.

### **Rixa Freeze** PhD

Dr Rixa Freeze has a PhD in American Studies from the University of Iowa. Her doctoral studies focused on the history of healthcare and medicine with specialisation in pregnancy, childbirth, and maternity care. Her dissertation examined why women in North America choose unassisted home births. Dr Freeze is the founder and president of Breech Without Borders. She has published numerous articles on home birth and breech birth, including a book chapter.

### **Henci Goer** BA

Henci Goer's life's work soon became analysing and synthesising the obstetric research in order to give pregnant women, birthing people, and birth professionals access to what constitutes optimal care in childbirth. She is the author of four books and has written numerous blog posts and articles, given lectures around the world and received multiple awards.

### **Madeline Hawke** RN/CMS

Madeline is the lead midwife in the Pregnancy Elevated BMI Antenatal Risk reduction and Lifestyle (PEARL) clinic at Eastern Health, a multidisciplinary specialist clinic providing continuity of medical and midwifery care for women and birthing people with BMI >40kg/m<sup>2</sup>. She is completing her PhD on maternity clinician communication with women and birthing people in different sized bodies in antenatal clinic.

### **Milli Hill**

Milli Hill is a writer, feminist and freelance journalist with a passion for reframing the narrative around women's bodies. She is the author of the bestselling Positive Birth Book (2017), Give Birth like a Feminist (2019) and My Period (2021, for preteen girls). From 2012 to 2021 she founded and ran the Positive Birth Movement. She has written for many publications and has appeared on radio and many leading podcasts. Her fourth non-fiction book will be published in 2024.

### **Charlotte Lewis MD, MPH**

Dr Lewis is currently professor of pediatrics at University of Washington School of Medicine and attending physician at Seattle Children's Hospital. Dr Lewis leads the Seattle Children's Multidisciplinary Infant Nutrition and Feeding Team and attends in the Newborn and Progressive Care Nurseries at the University of Washington Medical Center, where she teaches, supervises trainees, and provides patient care.

### **Diane Morris RM (Bsc) MSc Research**

Dianne was educated as a nurse and a midwife in the UK and worked as a registered midwife in the NHS and in private practice. She currently works independently in Melbourne as a sessional midwifery lecturer, and childbirth and parenting educator in a midwifery private practice. She designs workshops for childbirth and parenting weekend retreats around Australia and the UK.

### **Moffat Osoro (Kenya) MHIthSystemsMgmt, BA**

Moffat Osoro lives in the informal settlement of Kawangware, in Nairobi, Kenya. Born in a rural area, he migrated to the city with the dream of providing safe health care for the urban poor. Witnessing the horrific circumstances and tragic outcomes for the local women in childbirth, and his wife's experience during the birth of their own child, saw his path shifted towards maternity care. He has run the FreMo Birth Centre since 2011.

### **Kirsten Small PhD**

Dr Kirsten Small is an obstetrically trained educator, writer, and researcher. Her vision is to promote respectful maternity care for women, babies, families, and their care providers through education and research. Her doctoral research explored the impact of central fetal monitoring on midwives and obstetricians. She hosts the Birth Small Talk blog, sharing regular research-based updates about fetal monitoring, and runs online classes about the evidence for CTG use.

### **Namira Williams PhD (Midwifery)**

Dr Namira Williams is the founder and CEO of disAbility Maternity Care. She brings to her role a long career as clinician, researcher, innovator and mother with lived experience of intellectual disability and autism. She has worked predominantly with vulnerable groups of women, including Indigenous women, young teen mothers, and women from culturally and linguistically diverse backgrounds. She was awarded 'ACM Midwife of the Year 2013 (NSW)'.

## **Registrations:**

It's easiest to register online at:

[breastfeedingconferences.com.au](https://breastfeedingconferences.com.au)

## **Prices:**

**Webinar starts March 10th – Available until June 30th 2024**

Full Price: \$250

Earlybird: *(if registered by Feb 15th)* \$205

Student/unwaged: \$185

Group: \$195 (for groups of more than 8)

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## **Accreditation:**

ACM points applied for.

Total 14 CERPs (4 L CERPs, 2. E CERPs & 8 R CERPs).

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